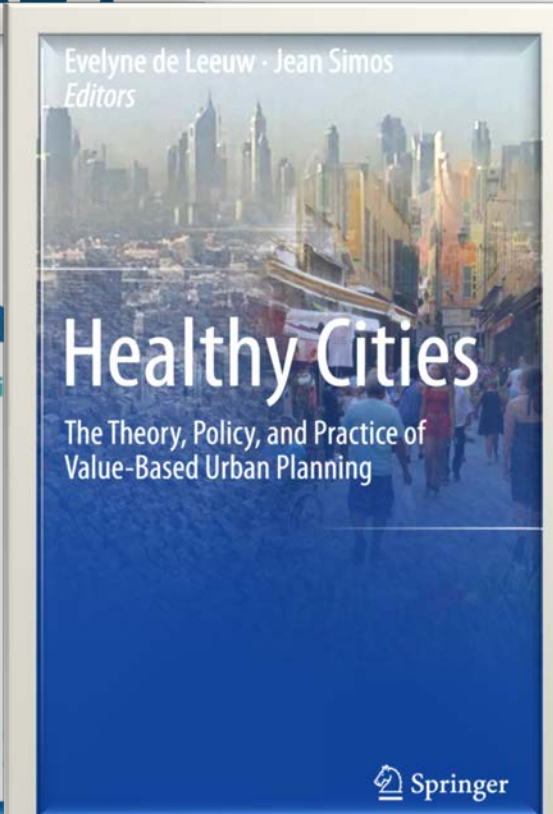
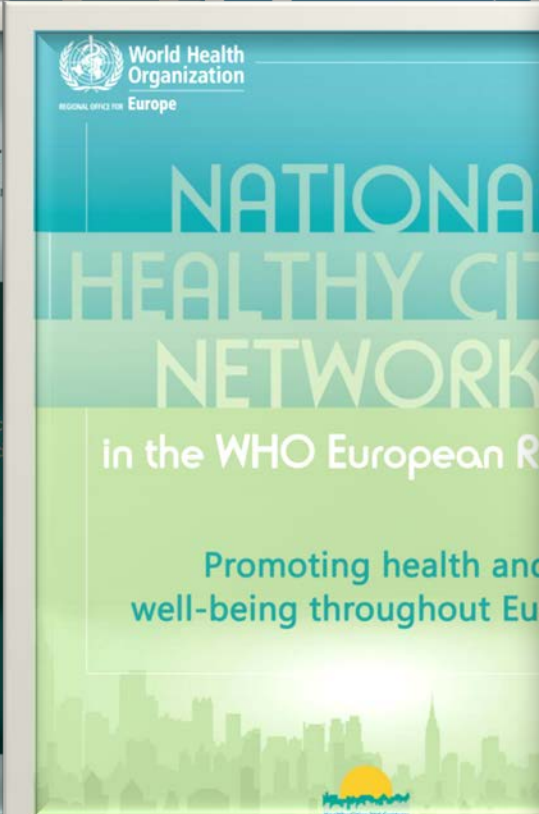
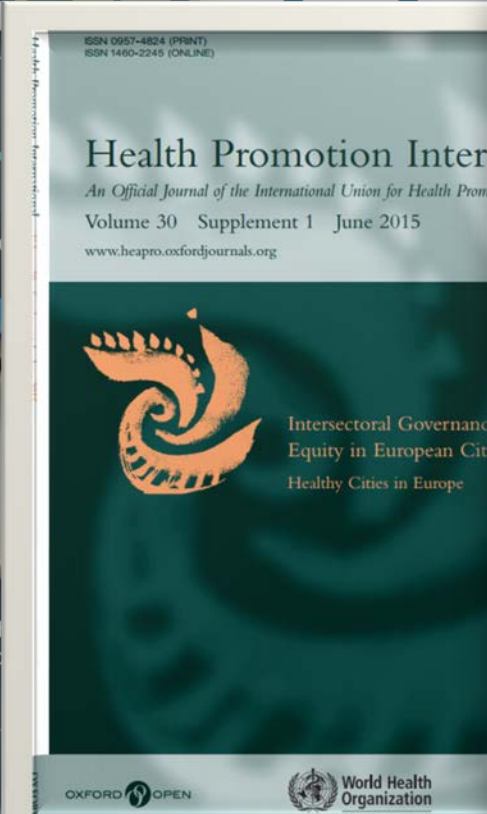
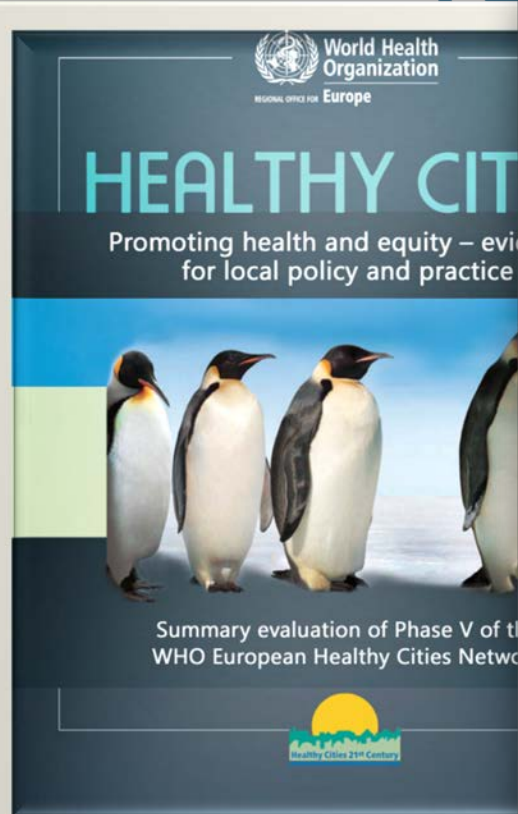


SYNTHESIZING MORE REALITY OR REALIZING MORE SYNTHESIS: METHODOLOGY FOR HEALTHY CITIES RESEARCH

Professor Evelynne de Leeuw



WHO European Healthy Cities network



Phase V

1	Waterford	IRE	51	Izmir	TUR
2	Cork	IRE	52	Karsiyaka-Izmir	TUR
3	Galway	IRE	53	Kadikoy	TUR
4	Derry/Londonderry	UNK	54	Jerusalem	ISR
5	Belfast	UNK	55	Amaroussion	GRE
6	Glasgow	UNK	56	Ptolemaidas	GRE
7	Carlisle	UNK	57	Novi Sad	SRB
8	Newcastle	UNK	58	Warsaw	POL
9	Sunderland	UNK	59	Lodz	POL
10	Preston	UNK	60	Poznan	POL
11	Liverpool	UNK	61	Dresden	DEU
12	Manchester	UNK	62	Brno	CZE
13	Sheffield	UNK	63	Vienna	AUS
14	Stoke on Trent	UNK	64	Gyor	HUN
15	Swansea	UNK	65	Pecs	HUN
16	Cardiff	UNK	66	Sarajevo	BIH
17	Brighton	UNK	67	Zagreb	CRO
18	Sandnes	NOR	68	Rijeka	CRO
19	Ostfold County	NOR	69	Celje	SVN
20	Horsens	DEN	70	Ljubljana	SVN
21	Copenhagen	DEN	71	Udine	ITA
22	Helsingborg	SWE	72	Venice	ITA
23	Stockholm	SWE	73	Padua	ITA
24	Turku	FIN	74	Arezzo	ITA
25	Kuopio	FIN	75	Bologna	ITA
26	Pärnu	EST	76	Modena	ITA
27	Jurmala	LVA	77	Milan	ITA
28	Klaipeda	LTH	78	Torino	ITA
29	Cherepovets	RUS	79	Rotterdam	NET
30	Velikiy Ustyug	RUS	80	Liege	BEL
31	Cheboksary	RUS	81	Brussels	BEL
32	Novocheboksark	RUS	82	Dunkerque	FRA
33	Izhevsk	RUS	83	Nancy	FRA
34	Ulyanovsk	RUS	84	Rennes	FRA
35	Dimitrovgrad	RUS	85	Nantes	FRA
36	Samara	RUS	86	Grasse	FRA
37	Novosibirsk	RUS	87	Barcelona	SPA
38	Stavropol	RUS	88	Sant Andreu de la Barca	SPA
39	Trabzon	TUR	89	Vitoria-Gasteiz	SPA
40	Kirikkale	TUR	90	San Fernando	SPA
41	Cankaya	TUR	91	Leganes	SPA
42	Eskisehir/Tepebasi	TUR	92	Villanueva de la Cañada	SPA
43	Gölcük	TUR	93	San Sebastian	SPA
44	Kocaeli	TUR	94	Ourense	SPA
45	Yalova	TUR	95	Viana do Castelo	POR
46	Istanbul	TUR	96	Montijo	POR
47	Bursa	TUR	97	Oeiras	POR
48	Nilüfer	TUR	98	Seixal	POR
49	Denizli	TUR	99	St Petersburg	RUS
50	Aydin	TUR			

0 250 500 750 1000 km

0 250 500 mi

The boundaries and names shown and the designations used on this map do not imply official endorsement or acceptance by the United Nations.

Network of European National Healthy Cities Networks



Accredited (20)

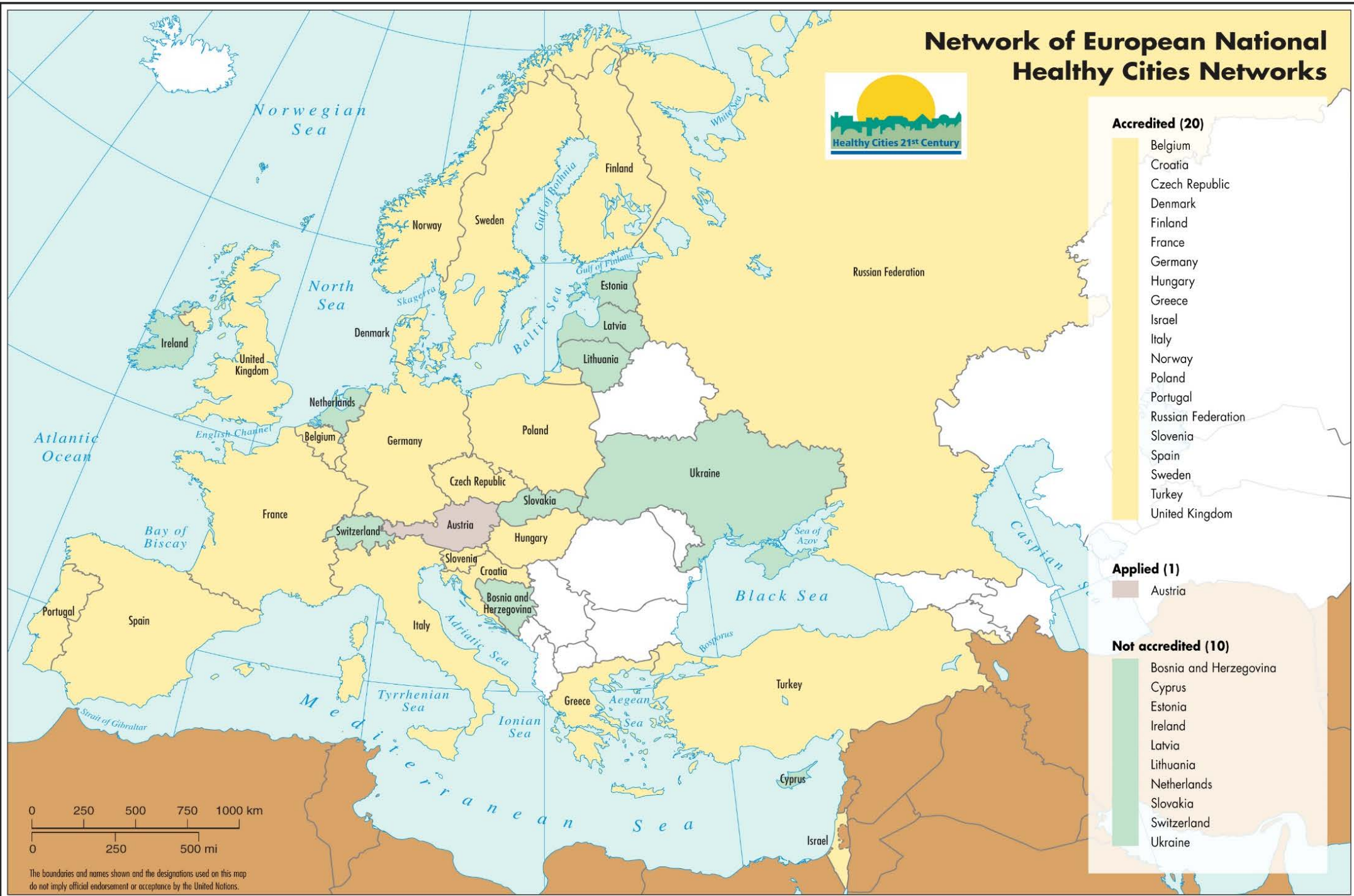
Belgium
Croatia
Czech Republic
Denmark
Finland
France
Germany
Hungary
Greece
Israel
Italy
Norway
Poland
Portugal
Russian Federation
Slovenia
Spain
Sweden
Turkey
United Kingdom

Applied (1)

Austria

Not accredited (10)

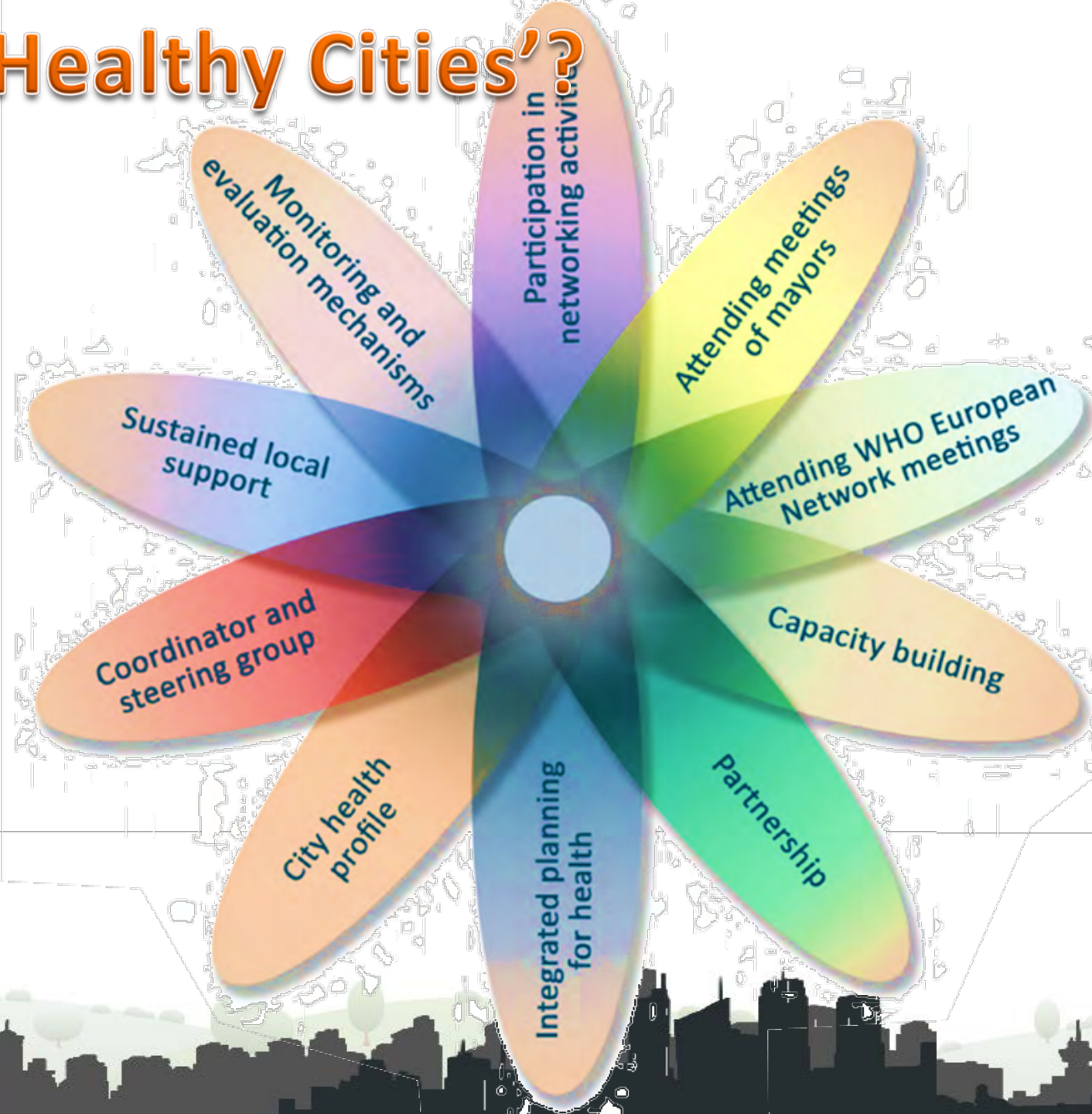
Bosnia and Herzegovina
Cyprus
Estonia
Ireland
Latvia
Lithuania
Netherlands
Slovakia
Switzerland
Ukraine



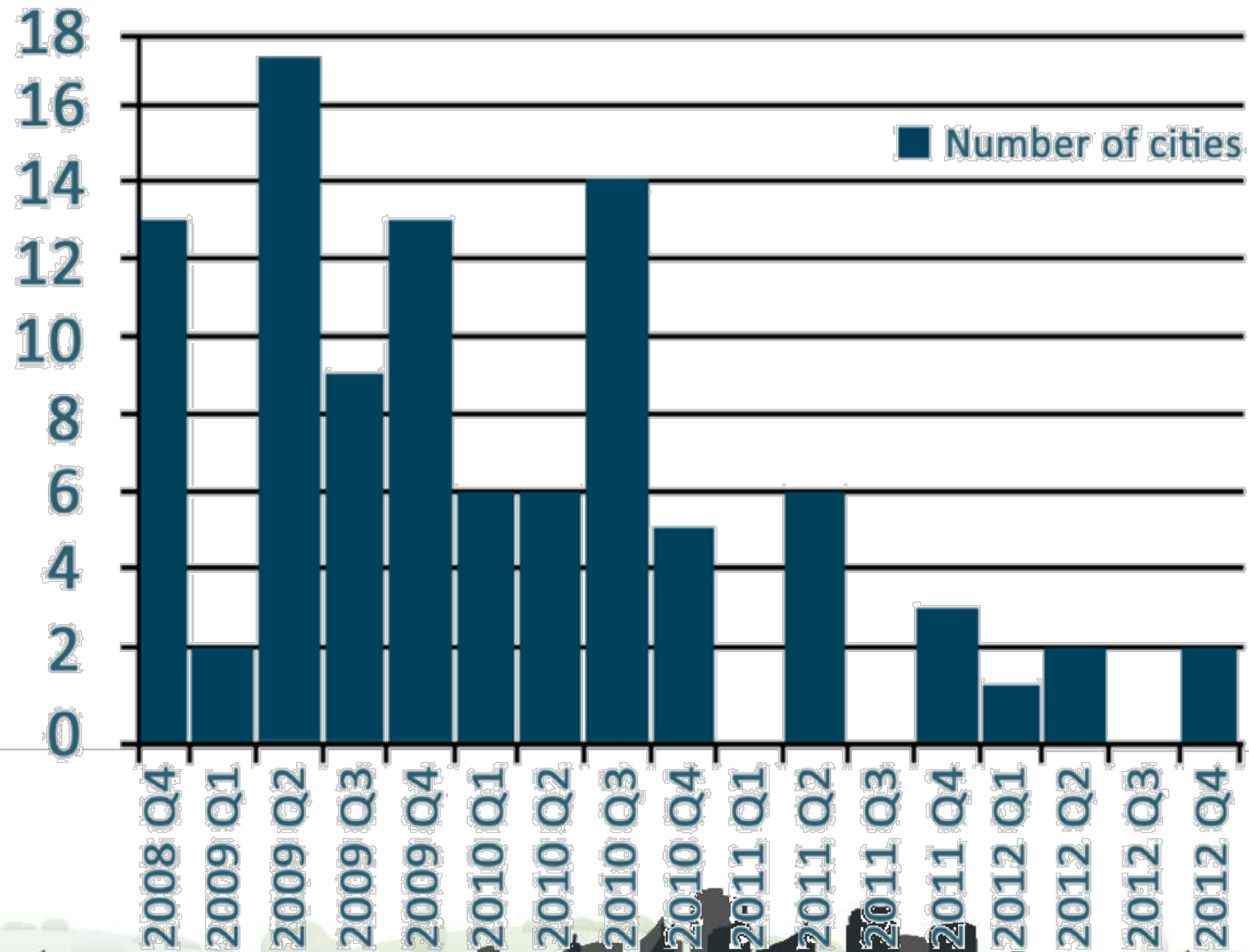
Evaluation aims, approaches and outcomes

- Healthy Cities – strategic long term developments
- An evaluation approach that recognises the dynamics
- Dynamic research, research team, and research tools
- Findings – and what Healthy Cities learn

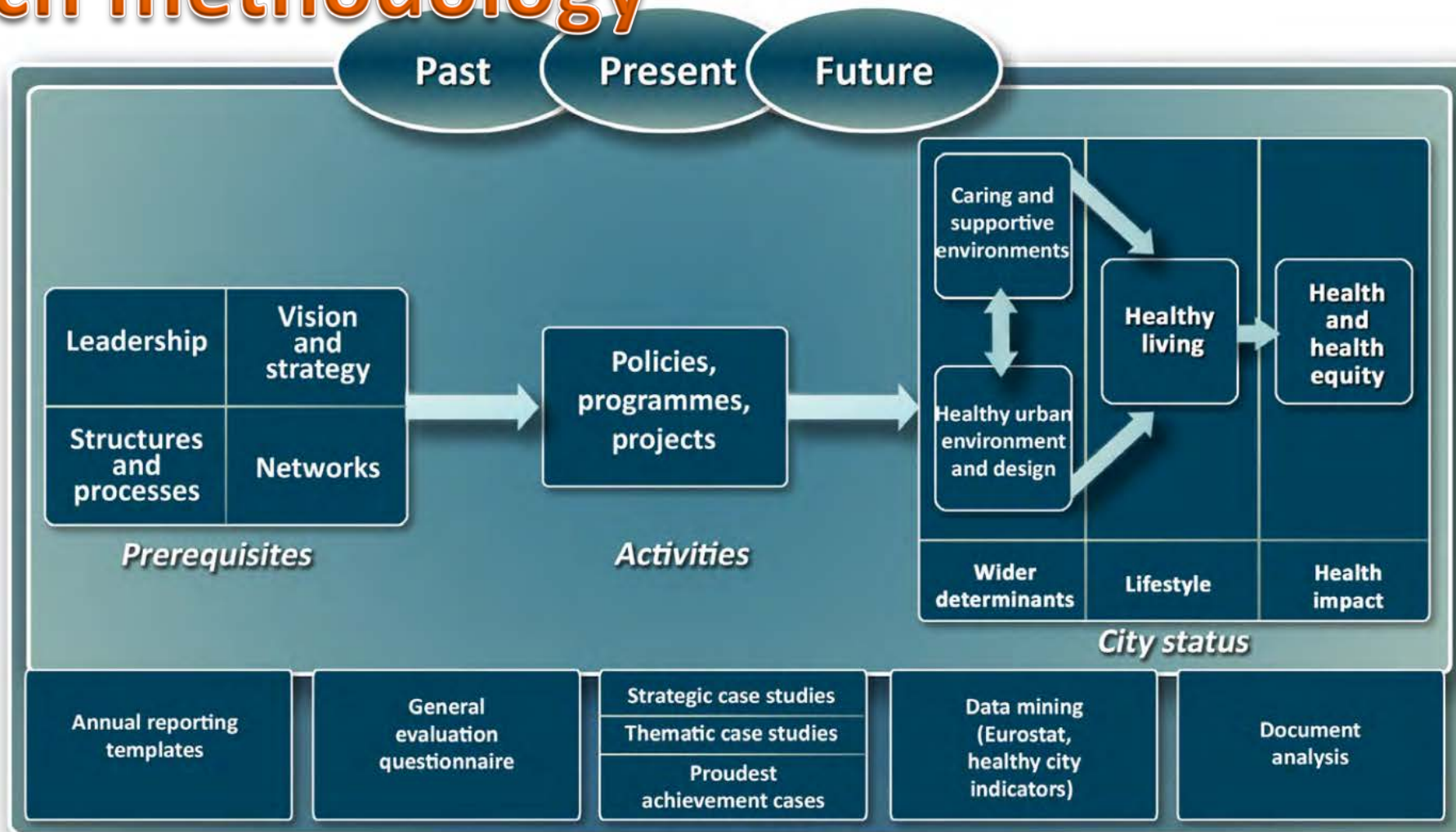
What are 'Healthy Cities'?



What are 'Healthy Cities' - continuous



Research methodology



We needed to account for context; diversity; dynamics; complexity; etc....



Research methodology: realism

Projects, programmes, policies are driven by 'theories':



not 'scientific'



but assumptions about causal,
final, normative relations



context; mechanism; outcome



Research methodology: synthesis

‘Knowing’ something is more than just appraising the ‘facts’:



(ἐπιστήμη, τέχνη, σοφία, φρόνησις, παρρησία)

(episteme – *knowledge*; techne – *skill*; sophia – *wisdom*; phronesis – (political) *astuteness*; parrhesia – *speaking out boldly*)



research ≠ knowledge ≠ policy ≠ change



CHE TRE: ‘to co-create intelligence’



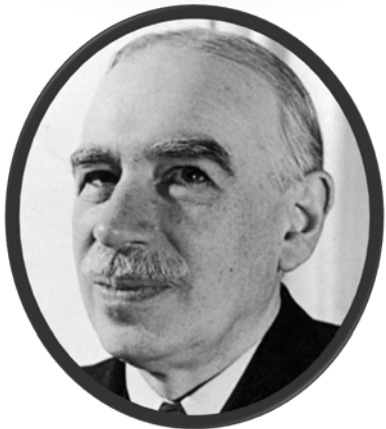
‘We shape our cities, ...’ (Churchill)

Professor Billie Giles-Corti



‘What gets measured gets done’

John Maynard Keynes



‘There is nothing a Government hates more than to be well-informed; for it makes the process of arriving at decisions much more complicated and difficult’

'We shape our knowledge, our logic...' (me...)

'There is an epidemic of preventable disease'

'This is a complex thing but we must find an easy solution'

'This is a complex thing so we will need to understand it better'

'This is a complex thing and there is no easy solution'

'Some people make unwise lifestyle choices'

'This has to do with Social Determinants of Health'

'...and has equity dimensions'

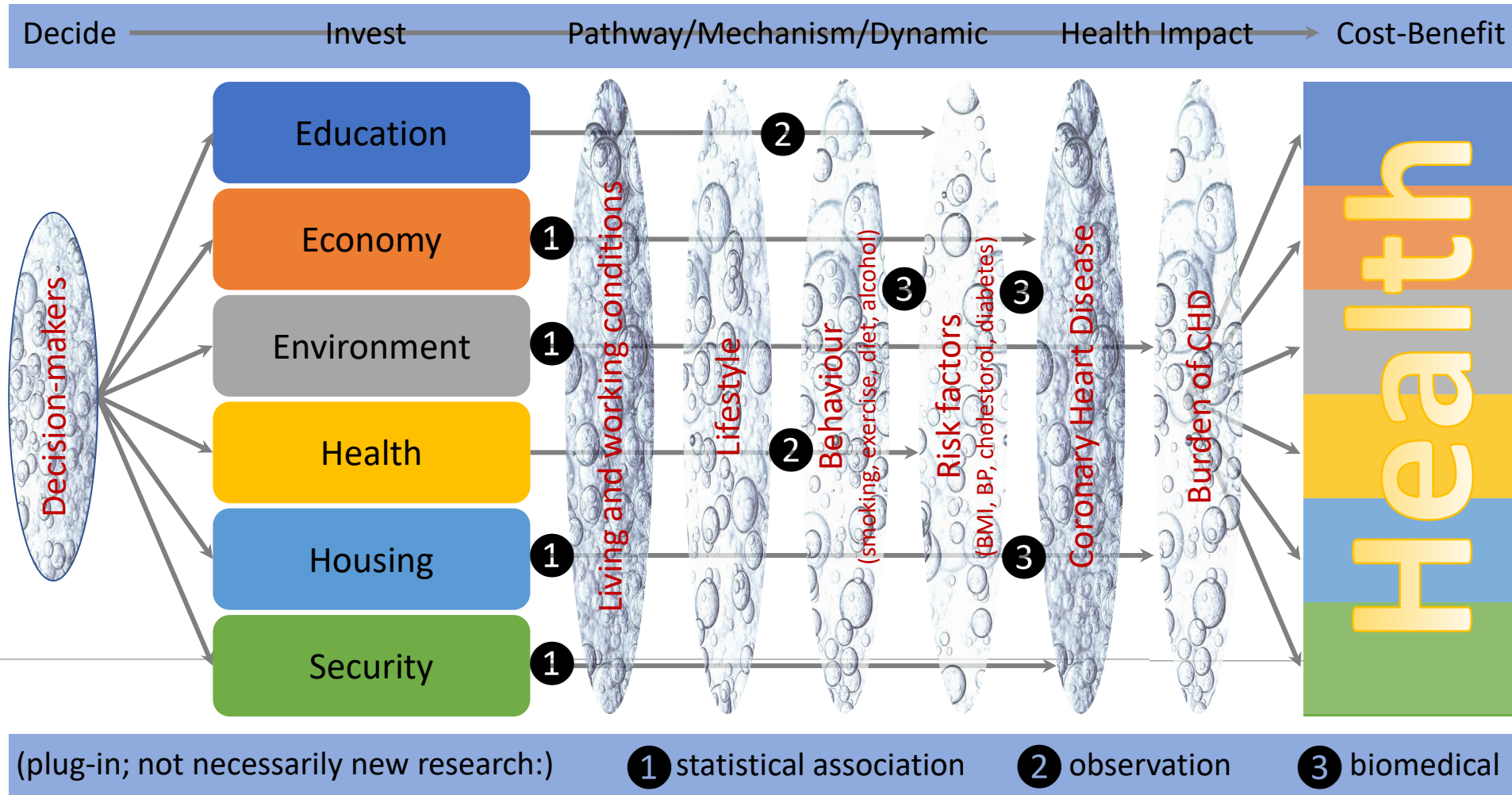
'Those people need to be told to stop smoking and drinking'

'Systems level institutional responses are required'

'HiAP, governance, shared decisions, etc.'

Realist synthesis; DECiPHEr

(Developing an evidence-based approach to city public health planning and investment in Europe)



Data collection and processing

Annual Reporting Templates – ART

(on city changes & developments vs. designation)

General Evaluation Questionnaire

(taking stock – health, well-being, equity)

Structured case studies

(thematic; strategic; achievements)

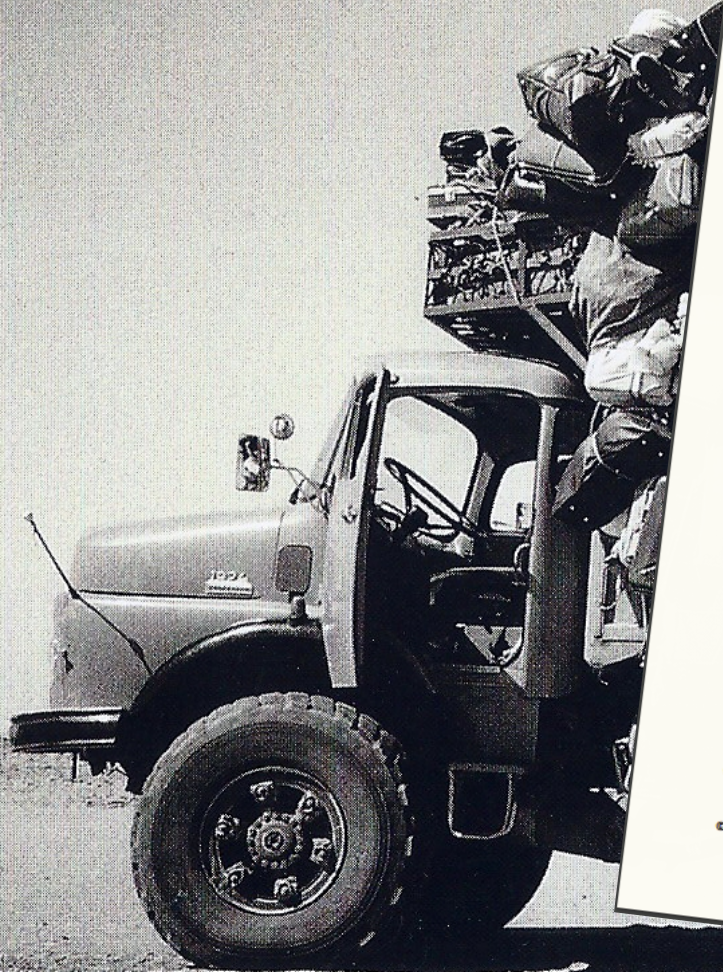
(‘a-synchronous’ ‘interview’)

Data mining

(Eurostat; national statistics bureaus)

Designation files and document analysis





Healthy Cities Phase V evaluation: further synthesizing realism

Evelyn de Leeuw^{1,*}, Geoff Green², Agis Tsouros³, Mariana Dyakova⁴, Jill Farrington⁵, Johan Faskunger⁶, Marcus Grant⁷, Erica Ison⁸, Josephine Jackisch⁹, Leah Janss Lafond¹⁰, Helen Lease¹¹, Karolina Mackiewicz¹², Per-Olof Östergren¹³, Nicola Palmer¹⁴, Anna Ritsatakis¹⁵, Jean Simos¹⁶, Lucy Spanswick¹⁷, Premila Webster¹⁸, Gianna Zamaro¹⁹, June Crown²⁰, Ilona Kickbusch²¹, Niels Rasmussen²², Gabriel Scally²³, Marian Biddle²⁴, Suzanne Earl²⁵, Connie Petersen²⁶, and Joan Devlin²⁷, on behalf of the World Health Organization European Healthy Cities Network

¹Global Health Consultants, Geelong, Australia, ²Sheffield Hallam University, Sheffield, UK, ³World Health Organization Regional Office for Europe, Copenhagen Ø, Denmark, ⁴Division of Health Sciences, Warwick Medical School, Coventry, UK, ⁵Leeds University, Leeds, UK, ⁶Proactivity, Stockholm, Sweden, ⁷Healthy Urban Planning, Bristol, UK, ⁸Health Impact Assessment, Oxford, UK, ⁹Lund, Sweden Copenhagen Ø, Denmark, ¹⁰The Women's Sports Network, London, UK, ¹¹Planning and Development, Bristol, UK, ¹²Baltic Region Healthy Cities Association, Turku, Finland, ¹³Lunds Universitet, Lund, Sweden, ¹⁴La Trobe University, Melbourne, Australia, ¹⁵Independent Researcher, Melissia, Greece, ¹⁶University of Geneva, Geneva, Switzerland, ¹⁷Barwon Medicare Local, Melbourne, Australia, ¹⁸Public Health Specialist Training Programme, Oxford, UK, ¹⁹Udine Healthy City, Udine, Italy, ²⁰Independent Researcher, London, UK, ²¹Global Health Programme at the Graduate Institute of International and Development Studies, Geneva, Switzerland, ²²Independent Researcher, Copenhagen, Denmark, ²³WHO Collaborating Centre, University of the West of England, Bristol, UK, ²⁴Melbourne, Australia, ²⁵Survey Monkey Programmer, USA, ²⁶Healthy Cities Support, Copenhagen, Denmark, and ²⁷WHO Healthy Cities Network Belfast Secretariat, Belfast, UK

Summary

In this article we reflect on the quality of a realist synthesis paradigm applied to the evaluation of Phase V of the WHO European Healthy Cities Network. The programmatic application of this approach has led to very high response rates and a wealth of important data. All articles in this Supplement report that cities in the network move from small-scale, time-limited projects predominantly focused on health lifestyles to the significant inclusion of policies and programmes on systems and values for good health governance. The evaluation team felt that, due to time and resource limitations, it was unable to fully exploit the potential of realist synthesis. In particular, the synthetic integration of different strategic foci of Phase V designation areas did not come to full fruition. We recommend better and more sustained

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Data collection and processing

Negotiated priority themes

(Healthy City values, WHO priorities, local politics, 'beliefs')

Establish data group

(qualitative, quantitative, resource experts, validation)

Establish 'Mother Reports' for each theme

(600+ pages of semi-processed data; total >6TB)

Data interrogation by theme lead authors

(Ask questions, hypotheses, cross-theme issues)

Write and validate papers



***SYNTHESIZING MORE REALITY OR
REALIZING MORE SYNTHESIS: TIME***

***FOR A BIT OF REFLECTION:
RESOURCES, TIME, PEOPLE...***

Merci!

شكراً



@evelynedeleeuw
@CHETRE_au
@UrbanHInc